

Introducing Functional Ergonomics

Educating workers on proper lifting, postural and stabilization techniques, as well as integrating a daily stretching program is essential for minimizing the likelihood of injury, disability or permanent body damage. Irwin's Safety is able to **decrease the number of injury claims and their associated costs** by studying your employees' behaviour in the working environment and implementing safe working practices to minimize the number of injuries and maximize workers' efficiency.

Injuries are the leading killer of British Columbians for the ages up to 44. More than 400,000 residents of BC are injured each year yet 90% of injuries are both predictable and preventable. Invin's is able to save you up to \$90,000 in compensation claims by properly educating your staff on Functional Ergonomics

Programs We Offer



Health Assessments

Gauging fitness ability and overall medical health

> Analyzing the facility, equipment and human factors associated with specific iob roles

Facility Assessments

Training employees on efficiently moving through the tasks & properly positioning their bodies

Ergonomic Training



Relieving bodily stress and chronic pain, decreasing the likelihood of injury and rejuvenating mind & body.

Stretching Program

Strengthening the body in areas critical for the role and preventing fatigue

Strengthening Program